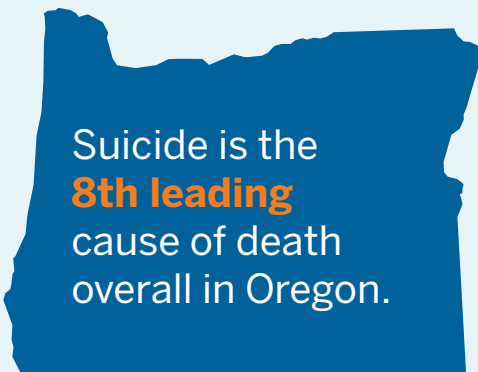


# SUICIDE: OREGON 2016 FACTS & FIGURES

## Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Oregon	782	18.65	10
Nationally	42,773	12.93	



Suicide is the **8th leading** cause of death overall in Oregon.



On average, one person dies by suicide **every 11 hours** in the state.

Based on most recent 2014 data from CDC



Suicide cost Oregon a total of **\$740,356,000** of combined lifetime medical and work loss cost in 2010, or an average of **\$1,080,811** per suicide death.

## IN OREGON, SUICIDE IS THE...

**2nd leading** cause of death for ages 10-34

**3rd leading** cause of death for ages 35-44

**5th leading** cause of death for ages 45-54

**7th leading** cause of death for ages 55-64

**14th leading** cause of death for ages 65 & older

**More residents of Oregon** die by suicide than by homicide on average every year. The total deaths to suicide reflect a total of **14,281** years of potential life lost (YPLL) before age 65.



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## SUICIDE PREVENTION PROGRAMS AND INITIATIVES

- Oregon's Elder and Youth Suicide Prevention Programs are housed within the Oregon Health Authority, Public Health Division. Both programs provide access to gatekeeper training; compile suicide data and information as a resource to communities; and increase number of trainers in QPR and ASIST. The Youth Suicide Prevention Program implements the comprehensive, high school-based program RESPONSE in high schools.
- Oregon statute §418.704 provides for a Youth Suicide Prevention Coordinator, within the Oregon Health Authority, who facilitates the development of a statewide strategic plan, improves outreach to youth populations at-risk, provides technical assistance, and coordinates interagency efforts.
- Oregon has two state plans: **The Oregon Plan for Youth Suicide Prevention: A Call to Action**, released in 1999 and updated in 2016, outlines strategies for state and community-based action to end stigma associated with suicide and prevent completed suicides (<https://public.health.oregon.gov/PreventionWellness/SafeLiving/SuicidePrevention/Documents/5-year-youth-suicide-prevention-plan.pdf>). The **Oregon Older Adult Suicide Prevention Plan: A Call to Action** was released in 2006 and outlines three primary strategies: clinically based prevention, community based prevention, public health surveillance, program evaluation and research (<http://public.health.oregon.gov/PreventionWellness/SafeLiving/SuicidePrevention/Documents/plan.pdf>).
- Oregon HB 4124 (adopted 4/1/14) improves upon the current state strategic plan addressing youth suicide (ages 10-24) by including intervention with suicidal, depressed, and at-risk youth within the plan's scope, by requiring that the plan be updated regularly, and by requiring the identification of barriers to accessing intervention services. The new law also requires detailed annual reports regarding Oregon's emergency room admissions for completed and attempted youth suicides and incidents of youth self-inflicted injury.

## GET INVOLVED

The AFSP Oregon Chapter brings together people of all backgrounds in communities throughout the state to fight suicide. For more information or to volunteer, please contact:

AFSP – OREGON

[oregon@afsp.org](mailto:oregon@afsp.org)

### BECOME AN ADVOCATE IN OREGON

AFSP's Oregon advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

To get involved, contact:

Nicole Gibson

Director of State Policy & Grassroots Advocacy

[ngibson@afsp.org](mailto:ngibson@afsp.org)

## LEADING THE FIGHT AGAINST SUICIDE

We fund research, offer educational programs, advocate for public policy and support those affected by suicide. Headquartered in New York, AFSP has local chapters in all 50 states.



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